

2013 False Creek Rowing Club - Head Up The Creek Regatta

Sunday March 10th, 2013 - False Creek, Vancouver, BC Canada

Made possible with the participation of competitors, our volunteers and the following organizations:

Jericho Sailing Centre Association - Jericho Rescue
Kitsilano Yacht Club
Vancouver College School Rowing Program
St John Ambulance
Yolks Mobile Breakfast Solutions
RBC Royal Bank
Kryton
Clearly Contacts
Barbara Creighton
Transport Canada/Office of Boating Safety
Vancouver Board of Parks and Recreation
Ocean Cement & Vancouver Pile Driving
Rowing News
Regatta Central
CBC News

Safety Boat Services
Safety Boat Services
Safety Boat Services
First Response Services
Food Services
Umbrellas
Weights and buoys
Sunglasses
Arranging for cakes!
Permits for False Creek
Permits for Vanier Park
Relocation of barges at Granville Island in March of 2012
For publishing our regatta in their magazine as a start of season event.
Registration and payment services
Publishing a news story about the regatta on Friday

We look forward to seeing you on time change weekend in 2014! Thank you again...

Simon Litherland Regatta Chair

If you have any feedback about how to make our event better, please send it to: regatta@falsecreekrowingclub.ca



Description	Team	Avg Age	Boat Label	Overall Time	Efficiency	Notes
Womens 8+	Vancouver Rowing Club	33	P. Schachter	0:18:54	94.18%	Fastest Women's Large Boat
Womens 4x, 4x+ & 4+s	Delta Deas Rowing Club	17	K. Pedersen	0:19:16	104.67%	Fastest Girl's Large Boat
Womens 4x, 4x+ & 4+s	Vancouver Rowing Club	45	A. Correa Santos	0:19:32	104.18%	
Womens 8+	Victoria City Rowing Club	53	L. Draper	0:19:46	109.44%	
Womens 4x, 4x+ & 4+s	Delta Deas Rowing Club	38	K. Mcgillivray	0:20:16	98.11%	
Womens 4x, 4x+ & 4+s	Delta Deas Rowing Club	58	S. Gauvin	0:20:38	106.46%	
Womens 4x, 4x+ & 4+s	Vancouver Rowing Club	47	J. Martin	0:20:59	97.86%	
Womens 4x, 4x+ & 4+s	Vancouver Rowing Club	36	Rowley	0:21:12	92.53%	
Womens 4x, 4x+ & 4+s	Inlet Rowing Club	40	IRC	0:21:33	92.73%	
Womens 4x, 4x+ & 4+s	Vancouver Rowing Club	37	Dizon	0:22:54	86.61%	
Womens 4x, 4x+ & 4+s	Vancouver Rowing Club	44	C. Turner	0:23:29	86.30%	
Womens 8+	Vancouver Rowing Club	36	A. Dalton	0:24:00	75.07%	
Womens 4x, 4x+ & 4+s	Vancouver Rowing Club	44	Levesque	0:24:09	85.16%	
Womens 2x	Delta Deas Rowing Club	18	H. Schaap	0:19:34	108.09%	Fastest Girl's Small Boat
Womens 2x	Delta Deas Rowing Club	41	B.A. Girls	0:20:30	107.15%	Fastest Women's Small Boat
Womens 2x	Vancouver Rowing Club	32	H. Boye	0:20:31	103.17%	
Womens 1x	Inlet Rowing Club	43	IRC	0:20:32	110.15%	3km
Womens 1x	Vancouver Rowing Club	47	Y. CHOKYU	0:20:47	111.15%	3km
Womens 2x	Thunderbird Rowing Club	18	Thunderbird RC	0:21:10	99.92%	
Womens 2x	Nicomekl Rowing Club	58	Twilight	0:21:49	115.51%	Bested their expected time by the greatest margin
Womens 2x	Inlet Rowing Club	16	IRC	0:22:23	95.09%	Credit for altercation on course
Womens 2x	Delta Deas Rowing Club	16	N. Simpson	0:22:55	92.87%	
Womens 1x	Vancouver Rowing Club	33	Shackleford	0:24:27	89.09%	Did not round furthest buoys at Science World turn
Womens 2x	Nicomekl Rowing Club	59	C. Cotter	0:25:17	100.73%	
Womens 2x	Nicomekl Rowing Club	57	S. Fletcher	0:27:11	91.78%	Did not round furthest buoys at Science World turn

Penalty for not rounding all buoys is 1 minute: this year. Maybe more next year.

"Efficiency" is the comparison of your speed to your predicted speed based on your age, boat type and gender.

A higher number means that you beat your predicted speed.

A lower number means that you are in a category where others rowing a similar boat type, of your gender and age, go too fast.

Description	Team	Avg Age	Boat Label	Overall Time	Efficiency	Notes
Mixed 8+	Victoria City Rowing Club	58	L. Draper	0:18:56	112.94%	Fastest Mixed Large Boat
Mixed 4x, 4x+ & 4+	Vancouver Rowing Club	35	Segal	0:19:04	99.91%	
Mixed 4x, 4x+ & 4+	Delta Deas Rowing Club	31	C. Garrett	0:19:22	97.85%	
Mixed 4x, 4x+ & 4+	Victoria City Rowing Club	57	J. Gilbert	0:20:02	109.57%	
Mixed 2x	Vancouver Rowing Club	42	D. Dundas	0:20:28	101.38%	Fastest Mixed Small Boat
Mixed 2x	Delta Deas Rowing Club	31	T. McCormick	0:20:32	96.83%	Did not round furthest buoys at Science World turn
Mixed 4x, 4x+ & 4+	Vancouver Rowing Club	44	C. Cattell	0:20:39	94.75%	
Mixed 4x, 4x+ & 4+	Victoria City Rowing Club	55	C. Molholm	0:21:13	97.88%	
Mixed 2x	Inlet Rowing Club	23	IRC	0:21:32	93.03%	
Mens 4x, 4x+ & 4+	Thunderbird Rowing Club	16	Thunderbird RC	0:17:41	104.05%	Fastest Boy's Large Boat
Mens 4x, 4x+ & 4+	Vancouver Rowing Club	48	J. Walle-Jensen	0:17:47	94.38%	Fastest Men's Large Boat
Mens 4x, 4x+ & 4+	Delta Deas Rowing Club	15	E. Velestuk	0:19:00	97.11%	
Mens 4x, 4x+ & 4+	Nicomekl Rowing Club	58	J. Moss	0:19:29	104.96%	Did not round furthest buoys at Science World turn
Mens 8+	Vancouver Rowing Club	36	K. WALSH	0:19:30	78.89%	
Mens 4x, 4x+ & 4+	Victoria City Rowing Club	62	H. Stoffelsma	0:19:42	106.94%	
Mens 4x, 4x+ & 4+	Victoria City Rowing Club	60	J. Gilbert	0:19:55	104.18%	
Mens 4x, 4x+ & 4+	Delta Deas Rowing Club	59	D. Darling	0:19:56	103.34%	
Mens 4x, 4x+ & 4+	Vancouver Rowing Club	62	G. CHUTTER	0:20:28	102.93%	
Mens 4x, 4x+ & 4+	Vancouver Rowing Club	29	Daviau	0:21:13	85.62%	
Mens 4x, 4x+ & 4+	Delta Deas Rowing Club	67	B. Wesemann	0:22:25	103.27%	
Mens 8+	University of the Fraser Valley	20	SCRATCH			
Mens 2x	Vancouver Rowing Club	42	J. Metras	0:18:55	102.56%	Fastest Men's Small Boat
Mens 2x	Thunderbird Rowing Club	17	Thunderbird RC	0:20:04	99.34%	Fastest Boy's Small Boat
Mens 2x	Delta Deas Rowing Club	17	E. Fraser	0:20:24	97.71%	
Mens 2x	Inlet Rowing Club	17	IRC	0:20:28	97.39%	
Mens 1x	Delta Deas Rowing Club	44	Lawson	0:20:39	99.60%	
Mens 1x	Vancouver Rowing Club	34	B. Myra	0:21:36	93.06%	
Mens 2x	Inlet Rowing Club	18	IRC	0:21:59	89.84%	
Mens 1x	Thunderbird Rowing Club	17	Thunderbird RC	0:22:54	91.27%	

Penalty for not rounding all buoys is 1 minute: this year. Maybe more next year.

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